



PBSC EMERGENCY RESPONSE & MEDICAL ACTION PLAN

PURPOSE

The purpose of this Emergency Response & Medical Action Plan is to establish clear procedures for responding to injuries, medical emergencies, & safety incidents during PBSC-sanctioned events.

PBSC is committed to providing a safe environment for athletes, coaches, officials, spectators, & staff. Athlete safety shall always take precedence over competition.

SECTION

1

MEDICAL COVERAGE REQUIREMENTS

All PBSC-sanctioned events shall have:

- Qualified medical personnel on-site, including an EMT, Nurse, Paramedic, Physician, or other approved medical professional.
- First aid supplies readily available.
- Emergency contact information accessible.
- Direct access to Emergency Medical Services (EMS).
- Clear venue access routes for emergency responders.

- Medical personnel shall have final authority regarding athlete participation when health or safety concerns exist.

SECTION

2

EMERGENCY CHAIN OF COMMAND

In the event of an injury or emergency, the following chain of command shall be followed:

- Referee identifies and stops the action.
- Head Official assumes control of the situation.
- Medical Personnel evaluates the athlete.
- Event Director coordinates emergency procedures.
- Emergency Medical Services (EMS) are activated when necessary.

SECTION

3

AUTHORITY TO STOP COMPETITION

The referee may immediately stop a bout for:

- Injury or illness.
- Excessive contact.
- Signs of physical distress.
- Equipment failure.
- Blood exposure.
- Medical emergencies.
- Dangerous mismatches.
- Any situation that may compromise athlete safety.

- Athlete safety shall always take precedence over competition results.

SECTION

4

HEAD INJURY & CONCUSSION PROTOCOL

Competition shall be stopped immediately if an athlete displays:

- Dizziness.
- Loss of balance.
- Confusion.
- Disorientation.
- Visual disturbances.
- Memory impairment.
- Suspected concussion symptoms.

The athlete shall be evaluated by medical personnel before any further participation is considered.

- When in doubt, stop the bout.

SECTION

5

BLOODBORNE PATHOGEN & SANITATION PROCEDURES

If blood is present:

- The referee shall immediately stop action.
- Medical personnel shall assess the athlete.
- Bleeding must be controlled before competition resumes.
- Any contaminated surface shall be cleaned and sanitized.
- Gloves, equipment, and competition areas shall be disinfected as necessary.

- No bout shall continue while active bleeding is present.

SECTION

6

NOSEBLEED PROCEDURE

When a nosebleed occurs:

- The referee stops the bout immediately.
- Medical personnel or coach addresses the bleeding.
- Up to two minutes may be allowed for treatment.

- If bleeding is controlled, competition may resume.
- If bleeding cannot be controlled, the bout shall be stopped for safety reasons.

SECTION

7

MISMATCH PROTOCOL

PBSC prioritizes safe and fair competition.

A bout may be stopped when:

- One athlete is clearly outmatched.
- An athlete cannot intelligently defend themselves.
- Repeated unanswered scoring techniques occur.
- A significant skill disparity places an athlete at risk.

The referee may stop the contest and declare the appropriate result in accordance with PBSC rules.

SECTION

8

EMERGENCY MEDICAL INCIDENTS

In the event of a serious injury or medical emergency:

- Stop all competition immediately.
- Clear the competition area.
- Notify medical personnel.
- Activate EMS if necessary.
- Provide emergency responders unrestricted access.
- Document the incident.

Examples include:

- Suspected concussion.
- Loss of consciousness.

- Cardiac emergency.
- Breathing difficulties.
- Seizure activity.
- Neck or spinal injury.
- Severe bleeding.
- Fractures or major trauma.

SECTION

9

EMS ACTIVATION PROCEDURE

Emergency Medical Services (911) shall be activated immediately in the event of:

- Loss of consciousness.
- Cardiac distress.
- Respiratory emergency.
- Suspected spinal injury.
- Serious head trauma.
- Severe uncontrolled bleeding.
- Any life-threatening condition.

Competition shall be suspended until the emergency has been stabilized and emergency personnel have assumed control.

SECTION

10

INCIDENT REPORTING

An incident report shall be completed whenever:

- A bout is stopped due to injury.
- Medical personnel intervene.
- Emergency services are activated.
- An athlete is removed from competition for medical reasons.
- Any significant safety incident occurs.

Reports shall include:

- Athlete name.
- Date and event location.
- Description of incident.
- Action taken.
- Medical recommendations.
- Official signatures.

SAFETY FIRST POLICY

PBSC operates under a Safety First philosophy.

Officials, coaches, athletes, and medical personnel share responsibility for maintaining a safe competition environment.

Whenever uncertainty exists regarding athlete safety, competition shall be stopped and the athlete shall be evaluated.

- No result, medal, championship, or competitive outcome is more important than the health and safety of a participant.

PBSC believes:

 SAFETY OVER SPECTACLE.	 SKILL OVER POWER.
 RESPECT OVER EGO.	 WE BUILD FIGHTERS, NOT BREAK THEM.